

FOR IMMEDIATE RELEASE

LitFire Publishing LLC
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A Close Look at Children's Trauma and Recovery

Author's book takes readers on a poignant journey as it explores the life of distressed children.

Long Beach, California. Christine Alisa's *Turning the Hourglass: Children's Passage through Trauma and Past Lives* is a collection of **true** stories told from a child's point of view. These stories center on the children's traumatic experiences and their therapy with Alisa.

The children from the book are victims of various traumas, like abuse, parents' divorce, past-life patterning, and dealing with ADHD, anxiety, and depression. Alisa helps the children recover using the therapy model she developed. The model is based on Gestalt method and **Regression** therapy.

An Amazon reviewer describes the stories as, "interesting, enjoyable, and connecting". The book is highly recommended to parents, teachers, therapists, and anyone who wants to aid children in healing.

"Christine's method of encouraging the child to create a story, be it a projection of a past life, is peerless. Therapists who work with children will find this book to be a tremendous gift."

-Violet Oaklander, Ph. D. & Author.

Turning the Hourglass was featured in the recently concluded Beijing International Book Fair last August 24–28, 2016. The prestigious event took place at China International Exhibition Center.

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Turning the Hourglass

Children's Passage through Traumas and Past Lives

Written by Christine Alisa

Kindle | \$3.99

Paperback | \$23.95

Book copies are available at www.amazon.com and other online book retailers.

About the Author

Christine Alisa, **M.S., Alternative Therapist** has worked with children, adolescents, and their families for over twenty-five years. She is a **Marriage Family Therapist** with a private practice in Southern California, where she lives. **Christine is an international speaker and trainer of therapists in over seven countries for the past thirteen years. Her vision is a world free from abuse and her mission is building a global platform of healers that make change possible.**