



## Recommended

Click Book Title for Amazon Link

### THE ANIMAL SPEAK WORKBOOK

Andrews, T. (2003). *The Animal-Speak Workbook: Explore the Spiritual Wonders of the Animal World*. Place of publication not identified: Dragonhawk.

### THE ART OF SHAPESHIFTING

Andrews, T. (2005). *The Art of Shapeshifting*. Jackson, TN: Dragonhawk Publishing.

### ANIMAL SPEAK

Andrews, T. (2006). *Animal-Speak: The Spiritual & Magical Powers of Creatures Great & Small*. Woodbury, MN: Llewellyn Publications.

### WINDS OF SPIRIT

Baribeau, R. (2018). *Winds of spirit: Ancient wisdom tools for navigating relationships, health, and the divine*. Carlsbad: Hay House.

### SHAMANISM

Cowan, T. D. (1996). *Shamanism as a Spiritual Practice for Daily Life*. Freedom, CA: Crossing Press.

### ANIMAL SPIRIT GUIDES

Farmer, S. (2006). *Animal Spirit Guides: An Easy-to-use Handbook for Identifying and Understanding your Power Animals and Animal Spirit Helpers*. Carlsbad, CA: Hay House.

### EARTH MAGIC

Farmer, S. D. (2009). *Earth Magic: Ancient Shamanic Wisdom for Healing Yourself, others, and the planet*. Carlsbad, CA: Hay House.

### THE WAY OF THE SHAMAN

Harner, M. (2011). *The Way of the Shaman*. New York: HarperOne.

### WELCOME HOME

Ingerman, S. (1993). *Welcome Home: Following your Souls Journey Home*. San Francisco, CA: HarperSanFrancisco.

### MEDICINE FOR THE EARTH

Ingerman, S. (2001). *Medicine for the Earth: How to Transform Personal and Environmental Toxins*. New York: Random House International.

### SHAMANIC JOURNEYING

Ingerman, S. (2008). *Shamanic Journeying: A Beginners Guide*. Boulder, CO: Sounds True.

### AWAKENING TO THE SPIRIT WORLD

Ingerman, S., & Wesselman, H. B. (2010). *Awakening to the Spirit World: The Shamanic Path of Direct Revelation*. Boulder, CO: Sounds True.

### SOUL RETRIEVAL

Ingerman, S. (2011). *Soul Retrieval: Mending the Fragmented Self*. New York: HarperOne.



## Recommended

### SPEAKING WITH NATURE

Ingerman, S., & Roberts, L. (2015). *Speaking with nature: Awakening to the deep wisdom of the earth*. Rochester, VT: Bear & Company.

### THE BOOK OF CEREMONY

Ingerman, S. (2018). *The book of ceremony: Shamanic wisdom for invoking the sacred in everyday life*. Boulder, CO: Sounds True.

### BE YOUR OWN SHAMAN

King, D. (2012). *Be Your Own Shaman: Heal Yourself and Others with 21st-Century Energy Medicine*. Carlsbad, CA: Hay House.

### WISDOM OF THE SHAMANS

Ruiz, J. (2018). *Wisdom of the shamans: What the ancient masters can teach us about love and life*. San Antonio, TX: Hierophant Publishing.

### AWAKEN THE INNER SHAMAN

Stevens, J. (2014). *Awaken the Inner Shaman: A Guide to the Power Path of the Heart*. Boulder, CO: Sounds True.

### JOURNEY TO THE SACRED GARDEN

Wesselman, H. (2012). *Journey to the Sacred Garden: A Guide to Traveling in the Spiritual Realms*. Place of publication not identified: Hay House.

### SPIRIT MEDICINE

Wesselman, H. B., & Kuykendall, J. (2004). *Spirit Medicine: Healing in the Sacred Realms*. Carlsbad, CA: Hay House.