



Recommended

Click Book Title for Amazon Link

THE ANIMAL SPEAK WORKBOOK

Andrews, T. (2003). The Animal-Speak Workbook: Explore the Spiritual Wonders of the Animal World. Place of publication not identified: Dragonhawk.

THE ART OF SHAPESHIFTING

Andrews, T. (2005). The Art of Shapeshifting. Jackson, TN: Dragonhawk Publishing.

ANIMAL SPEAK

Andrews, T. (2006). Animal-Speak: The Spiritual & Magical Powers of Creatures Great & Small. Woodbury, MN: Llewellyn Publications.

WINDS OF SPIRIT

Baribeau, R. (2018). Winds of spirit: Ancient wisdom tools for navigating relationships, health, and the divine. Carlsbad: Hay House.

SHAMANISM

Cowan, T. D. (1996). Shamanism as a Spiritual Practice for Daily Life.
Freedom, CA: Crossing Press.

ANIMAL SPIRIT GUIDES

Farmer, S. (2006). Animal Spirit Guides: An Easy-to-use Handbook for Identifying and Understanding your Power Animals and Animal Spirit Helpers. Carlsbad, CA: Hay House.

EARTH MAGIC

Farmer, S. D. (2009). Earth Magic: Ancient Shamanic Wisdom for Healing Yourself, others, and the planet. Carlsbad, CA: Hay House.

THE WAY OF THE SHAMAN

Harner, M. (2011). The Way of the Shaman. New York: HarperOne.

WELCOME HOME

Ingerman, S. (1993). Welcome Home: Following your Souls Journey Home. San Francisco, CA: HarperSanFrancisco.

MEDICINE FOR THE EARTH

Ingerman, S. (2001). Medicine for the Earth: How to Transform Personal and Environmental Toxins. New York: Random House International.

SHAMANIC JOURNEYING

Ingerman, S. (2008). Shamanic Journeying: A Beginners Guide. Boulder, CO: Sounds True.

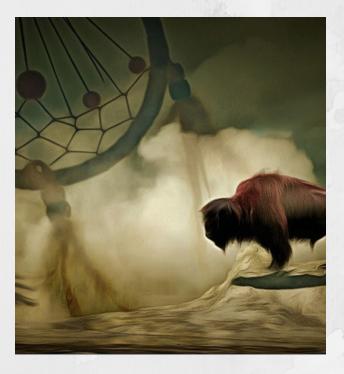
AWAKENING TO THE SPIRIT WORLD

Ingerman, S., & Wesselman, H. B. (2010). Awakening to the Spirit World: The Shamanic Path of Direct Revelation. Boulder, CO: Sounds True.

SOUL RETRIEVAL

Ingerman, S. (2011). Soul Retrieval: Mending the Fragmented Self. New York: HarperOne.









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SPEAKING WITH NATURE

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Ingerman, S., & Roberts, L. (2015). Speaking with nature: Awakening to the deep wisdom of the earth. Rochester, VT: Bear & Company.

THE BOOK OF CEREMONY

Ingerman, S. (2018). The book of ceremony: Shamanic wisdom for invoking the sacred in everyday life. Boulder, CO: Sounds True.

BE YOUR OWN SHAMAN

King, D. (2012). Be Your Own Shaman: Heal Yourself and Others with 21st-Century Energy Medicine. Carlsbad, CA: Hay House.

WISDOM OF THE SHAMANS

Ruiz, J. (2018). Wisdom of the shamans: What the ancient masters can teach us about love and life. San Antonio, TX: Hierophant Publishing.

AWAKEN THE INNER SHAMAN

Stevens, J. (2014). Awaken the Inner Shaman: A Guide to the Power Path of the Heart. Boulder, CO: Sounds True.

JOURNEY TO THE SACRED GARDEN

Wesselman, H. (2012). Journey to the Sacred Garden: A Guide to Traveling in the Spiritual Realms. Place of publication not identified: Hay House.

SPIRIT MEDICINE

Wesselman, H. B., & Kuykendall, J. (2004). Spirit Medicine: Healing in the Sacred Realms. Carlsbad, CA: Hay House.